



September



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

9/01

9/02

9/03

9/04

BREAKFAST:

Fruit & Juice
English Muffin w/
butter
Milk

LUNCH:

Baked Chicken
w/mojo
Congri Rice
Roll
Steamed Broccoli
Fruit and Milk

SNACK:

Cheez It and Apple

BREAKFAST:

Fruit & Juice
Croissant w/ butter
Milk

LUNCH:

Picadillo
Brown Rice
Roasted Potatoes
Fruit and Milk

SNACK:

Pretzel Crackers &
Cubed Cheese

BREAKFAST:

Fruit & Juice
Sliced Bread
Scrambled Egg and
Milk

LUNCH:

Meat Balls in
Marinara
Brown Rice
Peas and Carrots
Juice and Milk

SNACK:

Muffin and Apple

BREAKFAST:

Fruit
Pancake w/ syrup
Milk

LUNCH:

Pizza
Mixed Green Salad w/
Dressing
Fruit and Milk

SNACK:

Juice and Dorito
Tortilla Chips

9/07

9/08

9/09

9/10

9/11

BREAKFAST:

Fruit & Juice
Cereal
Milk

LUNCH:

Chicken Nuggets w/
ketchup
Mashed Potatoes
Potato Fries
Bread Roll
Fruit and Milk

SNACK:

Animal Crackers and
Juice

BREAKFAST:

Fruit & Juice
Biscuit w/butter & jelly
Milk

LUNCH:

Mac & Cheese
Mixed Green Salad w/
Dressing
Juice
Milk

SNACK:

Pretzels and Apple

BREAKFAST:

Fruit & Juice
Fritata
Sliced Bread & Milk

LUNCH:

Cilantro Lime Chicken
Veggie Rice
Black Beans
Fruit & Milk

SNACK:

Teddy
Graham and Cheese
Sting

BREAKFAST:

Fruit
Croissant w/butter
Milk

LUNCH:

Grilled Chicken Strips
Soft Taco
Diced Tomatoes
Roasted Corn & Beans
Juice and Milk

SNACK:

Goldfish Crackers and
Juice

BREAKFAST:

Fruit and Juice
Pancake w/ syrup
Milk

LUNCH:

Pizza
Steamed Carrots
Fruit and Milk

SNACK:

President Crackers
and Yogurt

This institution is an
equal opportunity
provider.



September



MONDAY

9/14

BREAKFAST:

Fruit & Juice
Cereal
Milk

LUNCH:

Empanadas
Brown Rice
Lentil Soup

Fruit
Milk

SNACK:

Doritos Tortilla Chips
and Juice

Themed Menu

TUESDAY

9/15

BREAKFAST:

Fruit & Juice
Bagel w/ cream
cheese
and Milk

LUNCH:

Arroz Con Pollo
Criollo w/ Corn
Plantains
Bread Roll

Fruit
Milk

SNACK:

Cheez-it and Apple

WEDNESDAY

9/16

BREAKFAST:

Fruit & Juice
Biscuit w/ jelly
Milk

LUNCH:

Chicken Tender
Yellow Rice w/corn
Mixed Green Salad
w/ Dressing
Fruit and Milk

SNACK:

President Crackers
and Cheese String

THURSDAY

9/17

BREAKFAST:

Fruit & Juice
Pancake w/ syrup
Milk

LUNCH:

Our Famous
Meatballs Marinara
Sub Bun
Broccoli
Juice and Milk

SNACK:

Goldfish Crackers
and Juice

FRIDAY

9/18

BREAKFAST:

Fruit
Scrambled Egg
Sliced Bread
Milk

LUNCH:

Pizza
Steam Carrots
Fruit and Milk

SNACK:

Honey Oat Crackers
and Yogurt

9/21

BREAKFAST:

Fruit & Juice
Cereal And Milk

LUNCH:

Chicken Sandwich
w/ Sliced Bun
Steam Carrots
Juice and Milk

SNACK:

Muffin and Yogurt

9/22

BREAKFAST:

Fruit & Juice
Cinnamon Bread w/
Butter
Milk

LUNCH:

Special Turkey Taco
Nacho Chips
Taco Black Beans
Lettuce
Fruit and Milk

SNACK:

Graham Crackers
and Apple

9/23

BREAKFAST:

Fruit & Juice
Pancake w/ syrup
Milk

LUNCH:

Cuban Beefaroni
Broccoli
Garlic Bread
Fruit
Milk

SNACK:

Pretzel and Cubed
Cheese

Themed Menu

9/24

BREAKFAST:

Fruit & Juice
Cheese Slice
English Muffin w/
butter
Milk

LUNCH:

Corn Dog
Roasted Potato Fries
Salad w/dressing
Juice and Milk

SNACK:

Goldfish Crackers
and Juice

9/25

BREAKFAST:

Fruit
Bread w/ Butter
Egg Patty
Milk

LUNCH:

Pizza
Corn
Fruit and Milk

SNACK:

Animal Crackers and
Juice

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MONDAY

9/28

BREAKFAST:

Fruit & Juice
Cereal
Milk

LUNCH:

Cheeseburger w/
ketchup
Hamburger Bun
Sliced Carrots
Juice and Milk

SNACK:

Scooby Doo Crackers
and Yogurt

TUESDAY

9/29

BREAKFAST:

Fruit & Juice
English Muffin w/
butter
Milk

LUNCH:

Baked Chicken
w/mojo
Congri Rice
Roll
Steamed Broccoli
Fruit and Milk

SNACK:

Cheez It and Apple

WEDNESDAY

9/30

BREAKFAST:

Fruit & Juice
Croissant w/ butter
Milk

LUNCH:

Beef Stew
Brown Rice
Broccoli
Fruit and Milk

SNACK:

Pretzel Crackers &
Cubed Cheese

Themed Menu

THURSDAY

FRIDAY



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