



OCTOBER



Monday

Tuesday

Wednesday

Thursday

Friday



BREAKFAST:

Fruit & Juice
Waffle w/ syrup
Milk

1

LUNCH:

Lasagna in Bolognese sauce
Broccoli
Corn
Garlic Bread
Fruit and Milk

SNACK:

Apple ways Crackers and Juice

2



BREAKFAST:

Fruit & Juice
Pancake w/ syrup
Milk

3

LUNCH:

Pizza
Mixed Green Salad w/ Dressing
Fruit and Milk

SNACK:

Lays Chips and Juice

BREAKFAST:

Fruit & Juice
Cereal
Milk

6

LUNCH:

Chicken Nuggets w/ ketchup
Brown Rice
Red Beans
Fruit
Milk

SNACK:

Oatmeal Cookie and White Milk

BREAKFAST:

Fruit & Juice
Biscuit w/ butter
Milk

7

LUNCH:

Mac & Cheese
Mixed Green Salad w/ Dressing
Fruit
Milk

SNACK:

Pretzels and Juice

BREAKFAST:

Fruit & Juice
Scrambled Egg
Sliced Bread
Milk

8

LUNCH:

Teriyaki Chicken
Veggie Rice
Steamed Carrots
Fruit and Milk

SNACK:

Cookies and White Milk

BREAKFAST:

Fruit & Juice
Waffle w/ syrup
Milk

9

LUNCH:

Chicken Tender w/ ketchup
Brown Rice
Mixed Vegetables
Fruit and Milk

SNACK:

Lays Chips and Juice

BREAKFAST:

Fruit and Juice
Pancake w/ syrup
Milk

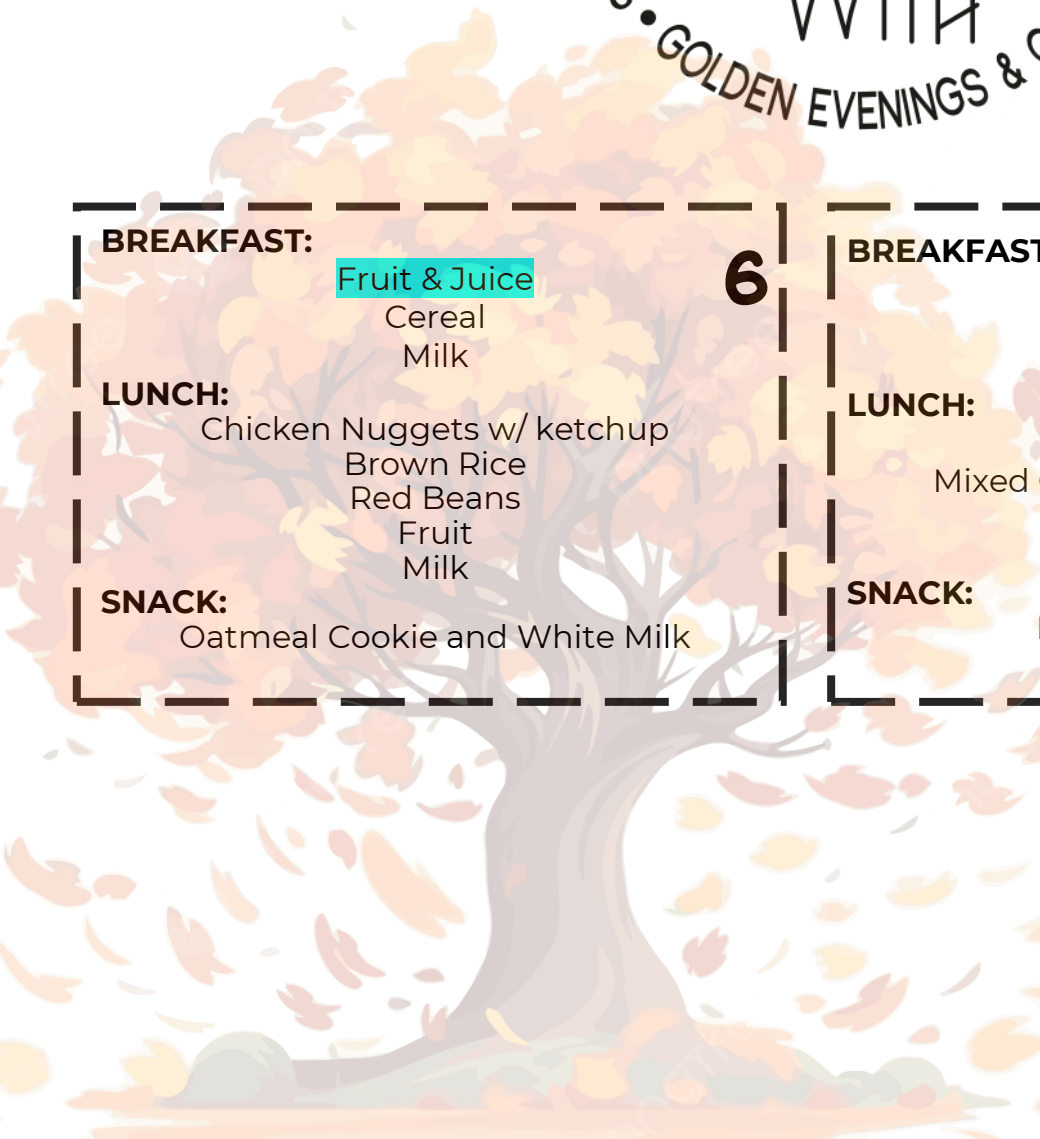
10

LUNCH:

Pizza
Corn
Fruit
Milk

SNACK:

Graham Crackers and White Milk





Monday

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Thursday

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| <div><div>BREAKFAST:</div><div>Fruit & Juice Cereal Milk</div><div>13</div></div> <div><div>LUNCH:</div><div>Ropa Vieja e Pollo Flour Tortilla Refried Beans Corn Fruit Milk</div><div>SNACK</div><div>Honey Oat Crackers and White Milk</div></div> | <div><div>BREAKFAST:</div><div>Fruit & Juice Bagel w/ cream cheese and Milk</div><div>14</div></div> <div><div>LUNCH:</div><div>Arroz Con Pollo Criollo w/ Corn Broccoli Bread Roll Fruit Milk</div><div>SNACK:</div><div>Cheez-it and Juice</div></div> | <div><div>BREAKFAST:</div><div>Fruit & Juice Biscuit w/ jelly Milk</div><div>15</div></div> <div><div>LUNCH:</div><div>Picadillo Brown Rice Steam Carrots Fruit and Milk</div><div>SNACK:</div><div>President Crackers and White Milk</div></div> | <div><div>BREAKFAST:</div><div>Fruit & Juice Pancake w/ syrup Milk</div><div>16</div></div> <div><div>LUNCH:</div><div>Our Famous Meatballs Marinara Sun Bun Corn Fruit and Milk</div><div>SNACK:</div><div>Lays Chips and Juice</div></div> | <div><div>BREAKFAST:</div><div>Fruit & Juice Scrambled Egg Sliced Bread Milk</div><div>17</div></div> <div><div>LUNCH:</div><div>Pizza Mixed Green Salad w/ Dressing Fruit and Milk</div><div>SNACK:</div><div>Pretzel and Juice</div></div> |
| <div><div>BREAKFAST:</div><div>Fruit & Juice Cereal And Milk</div><div>20</div></div> <div><div>LUNCH:</div><div>Chicken Patty- Brown Rice Steam Carrots Fruit and Milk</div><div>SNACK:</div><div>Chocolate Cookie and White Milk</div></div> | <div><div>BREAKFAST:</div><div>Fruit & Juice Cinnamon Bread w/ Butter Milk</div><div>21</div></div> <div><div>LUNCH:</div><div>Special Turkey Taco Nacho Chips Refried Beans Lettuce Fruit and Milk</div><div>SNACK:</div><div>Graham Crackers and Juice</div></div> | <div><div>BREAKFAST:</div><div>Fruit & Juice Pancake w/ syrup Milk</div><div>22</div></div> <div><div>LUNCH:</div><div>Beefaroni Peas and Carrots Garlic Bread Fruit and Milk</div><div>SNACK:</div><div>Oatmeal Cookie and White Milk</div></div> | <div><div>BREAKFAST:</div><div>Fruit & Juice Cheese Slice English Muffin w/ butter Milk</div><div>23</div></div> <div><div>LUNCH:</div><div>Hot Dog Bun California Blend Fruit& Milk</div><div>SNACK:</div><div>Goldfish Crackers and Juice</div></div> | <div><div>BREAKFAST:</div><div>Fruit & Juice Bread w/ Butter Egg Patty Milk</div><div>24</div></div> <div><div>LUNCH:</div><div>Pizza Mixed Green Salad w/ Dressing Fruit and Milk</div><div>SNACK:</div><div>Animal Crackers and White Milk</div></div> |
| <div><div>BREAKFAST:</div><div>Fruit & Juice Cereal Milk</div><div>27</div></div> <div><div>LUNCH:</div><div>Baked Chicken w/mojo Congri Rice Steamed Broccoli Fruit and Milk</div><div>SNACK:</div><div>Cheez it Crackers and Juice</div></div> | <div><div>BREAKFAST:</div><div>Fruit & Juice English Muffin w/ butter Milk</div><div>28</div></div> <div><div>LUNCH:</div><div>Cheeseburger w/ ketchup Hamburger Bun Sliced Carrots Fruit and Milk</div><div>SNACK:</div><div>Graham Crackers and White Milk</div></div> | <div><div>BREAKFAST:</div><div>Fruit & Juice Waffle w/ syrup Milk</div><div>29</div></div> <div><div>LUNCH:</div><div>Lasagna in Bolognese sauce Broccoli Corn Garlic Bread Fruit and Milk</div><div>SNACK:</div><div>Apple ways Crackers and Juice</div></div> | <div><div>BREAKFAST:</div><div>Fruit & Juice Sliced Bread Scrambled Egg and Milk</div><div>30</div></div> <div><div>LUNCH:</div><div>Meat Balls in Marinara Brown Rice Peas and Carrots Fruit and Milk</div><div>SNACK:</div><div>Chocolate Cookie and White Milk</div></div> | <div><div>BREAKFAST:</div><div>Fruit & Juice Pancake w/ syrup Milk</div><div>31</div></div> <div><div>LUNCH:</div><div>Pizza Mixed Green Salad w/ Dressing Fruit and Milk</div><div>SNACK:</div><div>Lays Chips and Juice</div></div> |