



MONDAY

BREAKFAST:

Fruit
Cereal
Juice**
Milk

1**LUNCH:**

Breaded Fish *Ketchup*
Bun
Green Beans
Pineapple
Milk

SNACK:

Pretzels***
Juice***

TUESDAY

BREAKFAST:

English Muffin
Fried Egg
Mandarin Oranges
Juice**
Milk

2**LUNCH:**

Chicken Tender
Waffles *Syrup*
Peas & Carrots
Fruit Cocktail
Milk

SNACK:

Cocoa Puff Cereal Bar**
Juice**

WEDNESDAY

BREAKFAST:

Pears** & Jucie
Blueberry Muffin
Yogurt
Milk

3**LUNCH:**

Meatloaf *Ketchup*
Brown Rice
Red Beans
Green Peas
Mixed Green Salad Ranch
Red Apple
Milk

SNACK:

Assorted Crackers
Juice

THURSDAY

BREAKFAST:

Morning Cookies
Applesauce**
Juice**
Milk

4**LUNCH:**

Spaghetti (plain)
Meatballs
Garlic Bread
Steamed Baby Carrots
Mixed Green Salad
Ranch dressing
Peaches
Milk

SNACK:

Animal Crackers
Juice**

FRIDAY

BREAKFAST:

Applesauce
Boiled Egg
English Muffin
Juice
Milk

5**LUNCH:**

Pizza**
Mixed Vegetables
Pears
Milk

SNACK:

Red Apple**
Honey Oat Goldfish**

BREAKFAST:

Cereal
Juice**
Fruit Cocktail
Milk

8**LUNCH:**

Chicken Patty
Brown Rice
Black Beans
Green Peas & Carrots
Pineapple
Milk

SNACK:

Assorted Crackers
Juice**

BREAKFAST:

Banana Pancakes *Syrup*
Applesauce
Juice**
Milk

9**LUNCH:**

Chicken Quesadilla
Steamed Baby Carrots
Mixed Green Salad
Ranch dressing
Mandarin Orange
Milk

SNACK:

Juice**
Cream Fill Cookies**

BREAKFAST:

English Muffin *butter*
Pineapple**
Juice**
Milk

10**LUNCH:**

Taco Beef
Nachos
Taco Beans
Cheese Dip
Corn
Fruit Cocktail
Milk

SNACK:

Juice
Granola Bars (free peanuts)**

BREAKFAST:

Bread
Scrambled Egg
Red Apple
Milk

11**LUNCH:**

Hamburger
(ketchup-Mustard)
Bun
Sliced Tomatoes & Lettuce
Oven Fried Potatoes
Pears
Milk

SNACK:

Goldfish Cracker**
Yogurt

BREAKFAST:

Biscuit & Sausage Patty
Banana
Juice
Milk

12**LUNCH:**

Pizza**
Mixed Green Salad
Ranch dressing
Pears
Milk

SNACK:

Pretzels
Mozzarella Sticks

BREAKFAST:

Fresh Fruit**
Cereal
Milk

15**LUNCH:**

Chicken Fajitas
Flour Tortillas
Peas & Carrots
Peaches
Milk

SNACK:

Juice
Honey Oat Goldfish**

BREAKFAST:

Pineapple
Bagel *cream cheese*
Milk

16**LUNCH:**

Picadillo
Congri
Corn
Plantains
Mandarin Orange
Milk

SNACK:

Red Apple
Goldfish Crackers

BREAKFAST:

Toast**
*Butter & Jelly***
Pears
Milk

17**LUNCH:**

Lasagna
Garlic Bread
Broccoli, Cauliflower, Carrot
Applesauce
Milk

SNACK:

WG Cheetos**
Juice**

BREAKFAST:

Banana
Juice
Blueberry Muffin
Milk

18**LUNCH:**

Vaca Frita de Pollo
Red Beans
Mixed Vegetables
Brown Rice
Fruit Cocktail
Milk

SNACK:

Pretzels

BREAKFAST:

Bread
Boiled Eggs
Applesauce
Juice**
Milk

19**LUNCH:**

Pizza (V)**
Mixed Green Salad
Italian Dressing
Pears
Milk

SNACK:

Graham Crackers
Yogurt



MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

BREAKFAST: 22
 Peaches & Juice
 Cereal
 Milk

LUNCH:
 Chicken Tender *ketchup*
 Brown Rice
 Broccoli
 Sweet Potatoes Fries
 Pineapple
 Milk

SNACK:
 Red Apple**
 Yogurt

BREAKFAST: 23
 Pears
 Juice**
 French Toast w/ Syrup
 Milk

LUNCH:
 Beefaroni
 Corn
 Garlic Bread
 Applesauce
 Milk

SNACK:
 Graham Crackers**
 Juice**

BREAKFAST: 24
 Pineapple
 Bread
 Scrambled Egg
 Juice**
 Milk

LUNCH:
 Meatballs
 Brown Rice
 Black Beans
 Sliced Tomatoes
 Peaches**
 Milk

SNACK:
 Juice**
 Goldfish Crackers

BREAKFAST: 25
 Pears**
 Juice**
 Blueberry Vanilla Bread
 Milk

LUNCH:
 Breaded Fish *ketchup*
 Mixed Vegetable
 Broccoli
 Bun
 Mandarin Orange
 Milk

SNACK:
 Pretzels**
 Juice***

BREAKFAST: 26
 Banana
 Biscuit & Turkey Sausage
 Juice
 Milk

LUNCH:
 Pizza (V)**
 Green Beans
 Fruit Cocktail
 Milk

SNACK:
 WG Cheetos**
 Juice

29

BREAKFAST: 30
 Pineapple
 Cereal
 Milk

LUNCH:
 Chicken nuggets *ketchup*
 Mashed Potatoes
 Broccoli
 Roll
 Applesauce**
 Milk

SNACK:
 WG Crackers**
 Juice

BREAKFAST: 31
 Pineapple
 Bread
 Cheese Slices
 Turkey Ham
 Juice**
 Milk

LUNCH:
 Cheeseburger *ketchup*
 Bun
 Green Beans & Carrots
 Pears**
 Milk

SNACK:
 Chips**
 Juice**