



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

BREAKFAST: 1
 Morning Cookies
 Applesauce**
 Juice**
 Milk

LUNCH:
 Spaghetti (plain)
 Meatballs
 Garlic Bread
 Steamed Baby Carrots
 Mixed Green Salad
Ranch dressing
 Peaches
 Milk

SNACK:
 Animal Crackers
 Juice***

BREAKFAST: 2
 Applesauce
 Boiled Egg
 English Muffin
 Juice
 Milk

LUNCH:
 Pizza**
 Mixed Vegetables
 Pears
 Milk

SNACK:
 Juice**
 Honey Oat Goldfish**

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HAPPY LABOR DAY

BREAKFAST: 6
 Blueberry Muffin
 Fruit Cocktail
 Juice**
 Milk

LUNCH:
 Breaded Fish *Ketchup*
 Bun
 Steamed Baby Carrots
 Mixed Green Salad
Ranch dressing
 Mandarin Orange
 Milk

SNACK:
 Juice***
 Cream Fill Cookies**

BREAKFAST: 7
 English Muffin *butter*
 Pineapple**
 Juice**
 Milk

LUNCH:
 Taco Beef
 Nachos
 Taco Beans
 Cheese Dip
 Corn
 Fruit Cocktail
 Milk

SNACK:
 Juice
 Granola Bars (free peanuts)**

BREAKFAST: 8
 Bread
 Scrambled Egg
 Applesauce
 Milk

LUNCH:
 Hamburger
(ketchup-Mustard)
 Bun
 Sliced Tomatoes & Lettuce
 Oven Fried Potatoes
 Pears
 Milk

SNACK:
 Goldfish Cracker**
 Yogurt

BREAKFAST: 9
 Biscuit & Sausage Patty
 Fruit Cup
 Juice
 Milk

LUNCH:
 Pizza**
 Mixed Green Salad
Ranch dressing
 Pears
 Milk

SNACK:
 Pretzels
 Mozzarella Sticks

BREAKFAST: 12
 Fresh Fruit**
 Cereal
 Milk

LUNCH:
 Chicken in Sauce
 Brown Rice
 Peas & Carrots
 Peaches
 Milk

SNACK:
 Juice
 Honey Oat Goldfish**

BREAKFAST: 13
 Pineapple & Juice
 Bagel *cream cheese*
 Milk

LUNCH:
 Picadillo
 Congri
 Corn
 Plantains
 Mandarin Orange
 Milk

SNACK:
 Red Apple
 Goldfish Crackers

BREAKFAST: 14
 Toast**
Butter & Jelly**
 Pears & Juice
 Milk

LUNCH:
 Lasagna
 Garlic Bread
 Broccoli, Cauliflower, Carrot
 Applesauce
 Milk

SNACK:
 WG Cheetos**
 Juice**

BREAKFAST: 15
 Banana
 Juice
 Blueberry Muffin
 Milk

LUNCH:
 Ravioli
 Mixed Vegetables
 Roll
 Cantaloupe
 Milk

SNACK:
 Pretzels
 Juice

BREAKFAST: 16
 Bread
 Boiled Eggs
 Applesauce
 Juice**
 Milk

LUNCH:
 Pizza (V)**
 Mixed Green Salad
Italian Dressing
 Pears
 Milk

SNACK:
 Graham Crackers
 Yogurt





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST: 19
Peaches & Juice
Cereal
Milk

LUNCH:
Chicken Tender *ketchup*
Brown Rice
Broccoli
Sweet Potatoes Fries
Pineapple
Milk

SNACK:
Red Apple**
Yogurt

BREAKFAST: 20
Pears
Juice**
French Toast w/ Syrup
Milk

LUNCH:
Beefaroni
Corn
Garlic Bread
Applesauce
Milk

SNACK:
Graham Crackers**
Juice***

BREAKFAST: 21
Pineapple
Bread
Scrambled Egg
Juice**
Milk

LUNCH:
Meatballs
Brown Rice
Black Beans
Sliced Tomatoes
Peaches**
Milk

SNACK:
Juice**
Goldfish Crackers

BREAKFAST: 22
Pears**
Juice**
Blueberry Vanilla Bread
Milk

LUNCH:
Breaded Fish *ketchup*
Mixed Vegetable
Broccoli
Bun
Mandarin Orange
Milk

SNACK:
Pretzels**
Juice**

BREAKFAST: 23
Banana
Biscuit & Turkey Sausage
Juice
Milk

LUNCH:
Pizza (V)**
Green Beans
Fruit Cocktail
Milk

SNACK:
WG Cheetos**
Juice

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BREAKFAST: 27
Pineapple****
Cereal****
Milk

LUNCH:
Chicken nuggets *ketchup*
Mashed Potatoes
Broccoli
Roll
Applesauce**
Milk

SNACK:
WG Crackers**
Juice

BREAKFAST: 28
Pineapple
Bread
Cheese Slices
Turkey Ham
Juice**
Milk

LUNCH:
Cheeseburger *ketchup*
Bun
Green Beans & Carrots
Pears**
Milk

SNACK:
Chips**
Juice**

BREAKFAST: 29
Peaches
English Muffin
Boiled Eggs
Juice**
Milk

LUNCH:
Fricassee de Pollo
Brown Rice
Red Beans
Plantains
Pineapple
Milk

SNACK:
Yogurt
Graham Crackers

BREAKFAST: 30
Fruit Cocktail
Pancakes w/Syrup
Juice
Milk

LUNCH:
Pizza**
Mixed Green Salad
Ranch dressing
Applesauce
Milk

SNACK:
Cream Fill Cookies**
Juice**