

MONDAY

BREAKFAST:
Peaches & Juice
Cereal
Milk

LUNCH:
Chicken Tender *ketchup*
Brown Rice
Broccoli
Sweet Potatoes Fries
Pineapple
Milk

SNACK:
Red Apple**
Yogurt

2

TUESDAY

BREAKFAST:
Pears
Juice**
French Toast w/ Syrup
Milk

LUNCH:
Beefaroni
Corn
Garlic Bread
Applesauce
Milk

SNACK:
Graham Crackers**
Milk

3

WEDNESDAY

BREAKFAST:
Pineapple
Bread
Scrambled Egg
Juice**
Milk

LUNCH:
Meatballs
Brown Rice
Black Beans
Sliced Tomatoes
Peaches**
Milk

SNACK:
Juice**
Goldfish Crackers

4

THURSDAY

BREAKFAST:
Pears**
Juice**
Blueberry Vanilla Bread
Milk

LUNCH:
Fish Nuggets *ketchup*
Mixed Vegetable
Broccoli
Roll
Mandarin Orange
Milk

SNACK:
Pretzels**
Milk

5

FRIDAY

BREAKFAST:
Banana
Morning Cookies
Juice**
Yogurt
Milk

LUNCH:
Pizza**
Mixed Green Salad
Ranch dressing
Applesauce
Milk

SNACK:
Cheetos
Apple Juice

6

BREAKFAST:
Pineapple
Cereal
Milk

LUNCH:
Mini Corn Dog
Green Peas & Carrots
Ketchup/Mustard
Pears
Roll
Milk

SNACK:
Cream Fill Cookies**
Milk

9

BREAKFAST:
Tropical Mixed Fruit & Juice
Bagel *cream cheese*
Milk

LUNCH:
Chicken nuggets *ketchup*
Mashed Potatoes
Broccoli
Roll
Applesauce**
Milk

SNACK:
WG Crackers**
Juice

10

BREAKFAST:
Pineapple
Bread
Cheese Slices
Turkey Ham
Juice**
Milk

LUNCH:
Cheeseburger *ketchup*
Bun
Green Beans & Carrots
Pears**
Milk

SNACK:
Chips**
Juice**

11

BREAKFAST:
Peaches
English Muffin
Boiled Eggs
Juice**
Milk

LUNCH:
Beef Tacos**
Nachos**
Taco Beans**
Cheese Dip**
Corn**
Pineapple
Milk

SNACK:
Yogurt
Graham Crackers

12

BREAKFAST:
Fruit Cocktail
Pancakes w/Syrup
Juice
Milk

LUNCH:
Pizza**
Mixed Green Salad
Ranch dressing
Applesauce
Milk

SNACK:
Cream Fill Cookies**
Milk

13

BREAKFAST:
Fruit
Cereal
Juice**
Milk

LUNCH:
Baked Lemon Pepper Chicken**
Brown Rice
Black Beans
Green Beans
Pineapple
Milk

SNACK:
Pretzels***
Juice***

16

BREAKFAST:
English Muffin
Fried Egg
Mandarin Oranges
Juice**
Milk

LUNCH:
Chicken Patty *Mayo*
Sliced Tomatoes & Lettuce
Green Peas
Bun
Red Apple
Milk

SNACK:
Fudge Cream Cookies**
Milk**

17

BREAKFAST:
Pears** & Jucie
Blueberry Muffin
Yogurt
Milk

LUNCH:
Chicken Tender
Waffles *Syrup*
Peas & Carrots
Fruit Cocktail
Milk

SNACK:
Assorted Crackers
Juice

18

BREAKFAST:
Morning Cookies
Applesauce**
Juice**
Milk

LUNCH:
Spaghetti (plain)
Meatballs
Garlic Bread
Steamed Baby Carrots
Mixed Green Salad
Ranch dressing
Peaches
Milk

SNACK:
Animal Crackers
Milk

19

BREAKFAST:
Fresh Fruit
Boiled Egg
English Muffin
Juice
Milk

LUNCH:
Pizza
Mixed Vegetable
Pear
Milk

SNACK:
Mandarin Orange
Nut Free Trail Mix

20

MONDAY

BREAKFAST: **23**
 Cereal
 Juice**
 Fruit Cocktail
 Milk

LUNCH:
 Popcorn Chicken
 Brown Rice
 Green Peas & Carrots
 Pineapple
 Milk

SNACK:
 Assorted Crackers
 Juice**

TUESDAY

BREAKFAST: **24**
 Banana Pancakes *Syrup*
 Applesauce
 Juice**
 Milk

LUNCH:
 Breaded Fish *Ketchup*
 Bun
 Steamed Baby Carrots
 Mixed Green Salad
Ranch dressing
 Mandarin Orange
 Milk

SNACK:
 Milk
 Cream Fill Cookies**

WEDNESDAY

BREAKFAST: **25**
 English Muffin *butter*
 Pineapple**
 Juice**
 Milk

LUNCH:
 Beef Tacos
 Nachos
 Taco Beans
 Cheese Dip
 Corn
 Fruit Cocktail
 Milk

SNACK:
 Juice
 Granola Bars (free peanuts)**

THURSDAY

BREAKFAST: **26**
 Bread
 Scrambled Egg
 Red Apple
 Milk

LUNCH:
 Hamburger**
(ketchup-Mustard)
 Bun
 Sliced Tomatoes & Lettuce
 Oven Fried Potatoes
 Pears
 Milk

SNACK:
 Goldfish Cracker**
 Yogurt

FRIDAY

BREAKFAST: **27**
 Biscuit & Sausage Patty
 Banana
 Juice
 Milk

LUNCH:
 Pizza**
 Mixed Green Salad
Ranch dressing
 Pears
 Milk

SNACK:
 Pretzels
 Mozzarella Sticks

30



BREAKFAST: **31**
 Fresh Fruit**
 Cereal**
 Milk**

LUNCH:
 Picadillo
 Congri
 Corn
 Plantains
 Mandarin Orange
 Milk

SNACK:
 Red Apple
 Goldfish Crackers